## **CROCK POT APPLESAUCE**

Makes about 12 cups (2.83 L).

Ingredients:

- □ 8 tart apples
- □ 1 cup (140 g) sugar
- □ 1 teaspoon (4 g) cinnamon
- **2** cups (480 mL) water
- □ 2 tablespoons (30 mL) lemon juice

Directions:

- 1. Peel, core, and thinly slice the apples.
- 2. Mix the apples with cinnamon and sugar in a large slow cooker.
- 3. Pour water and lemon juice over the apples.
- 4. Cook on high for 3–4 hours until the apples are soft.
- 5. Use a potato masher to mash the apples into applesauce.